

BLUE BELT RED TAG – 3rd KUP

THEORY

Toi-Gye - is the pen name of the noted scholar Yi Hwang (16th century), an authority on neo-Confucianism.

The 37 movements of the pattern refer to his birthplace on 37° latitude and the diagram (±) represents 'scholar'.

TERMINOLOGY

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| Backfist Side Back Strike | ▪ | Dung Joomok Yopdwi Taerigi |
| Twin Side Elbow Thrust | ▪ | Sang Yop Palkup Tulgi |
| Double Forearm Low Pushing Block | ▪ | Doo Palmok Najunde Miro Makgi |
| Knifehand Low Guarding Block | ▪ | Sonkal Najunde Daebi Makgi |
| Upward Punch | ▪ | Ollyo Jirugi |
| Flying Side Kick | ▪ | Twimyo Yop Chagi |
| Twisting Kick | ▪ | Bituro Chagi |
| Outward Vertical Kick | ▪ | Bakuro Sewo Chagi |
| Inward Vertical Kick | ▪ | Anuro Sewo Chagi |
| Pressing Kick | ▪ | Noollo Chagi |
| Reverse Hooking Kick | ▪ | Bandae Dollyo Goro Chagi |
| Downward Kick | ▪ | Naeryo Chagi |
| Reverse Footsword | ▪ | Balkal Dung |