

# GREEN BELT BLUE TAG- 5<sup>th</sup> KUP

## QUESTIONS ANSWERS

Whom is Yul-Gok named after?	Yul-Gok is named after the great philosopher and scholar Yi I (1536-1584) nicknamed the 'Confucius of Korea'.
How many movements are there in Yul-Gok? and what is the diagram?	38
X-stance	Kyocha sogi
Palm hooking block	Sonbadak golcha makgi
Front elbow strike	Ap palkup taerigi
Reverse turning kick?	Bandae dollyo chagi
Backfist side strike?	Dung joomuk yop taerigi
Double forearm block	Doo palmok makgi
Sparring	Matsogi
Obverse	Baro
Reverse	Bandae