

CALL OR TEXT 07508043384



TIMETABLE

UXBRIDGE — Master Hollingsworth (7th Dan)

Mon & Fri:

Mini 6:00 pm – 6:45 pm

Cad/Jun (Beg-Int) 6:45 pm – 7:30 pm

Adv 7:30 pm – 8:15 pm

Adults **(Mon)** 8:15 pm – 9:15 pm

GREENFORD — Master Hollingsworth

Mon & Wed:

Cad/Jun (Beg-Int) 4:30 pm – 5:15 pm

SEER GREEN — Master Hollingsworth

Thur:

Cad/Jun (Beg-Int) 5:15 pm – 6:00 pm

Adv 6:00 pm – 6:45 pm • Adults 7:00 pm – 8:00 pm

SOUTH OXHEY — Master Hollingsworth

Tue:

Cad/Jun (All Grades) 4:45 pm – 5:30 pm

AYLESBURY— Theo Sudasinghe

Saturdays :

Mini & Cad 10.00-10.45am

Juniors and Adults 10.45-11.30am

WEST DRAYTON — Mr Phillips (4th Dan)

Wed (UB8 3QY) & Fri (UB7 9AE):

Mini 5:00 pm – 5:45 pm

Cad/Jun (Beg-Int) 5:45 pm – 6:30 pm

Adv 6:30 pm – 7:15 pm

HIGH WYCOMBE — Mr Phillips

Tue:

Mini 4:15 pm – 5:00 pm

Cad/Jun (Beg-Int) 5:00 pm – 5:45 pm

Adv 5:45 pm – 6:30 pm

Thur:

Mini 4:15 pm – 5:00 pm

Cad/Jun (All) 5:00 pm – 5:45 pm

GUILDFORD — Miss Bosamia (3rd Dan)

Mon & Thur:

Mini 6:00 pm – 6:45 pm

Cadets 6:45 pm – 7:30 pm

Teens/Adults 7:30 pm – 8:30 pm

COLNBROOK — Mr White (4th Dan)

Wed:

Mini 5:00 pm – 5:45 pm

Cad/Jun (Beg-Int) 5:45 pm – 6:30 pm

Adv 6:30 pm – 7:30 pm

SPELTHORNE — Mr White

Thur:

Mini 5:00 pm – 5:45 pm

Cad/Jun (Beg-Int) 5:45 pm – 6:45 pm

HANWELL — Miss Khan (5th Dan)

Mon:

Cad/Jun (All Levels) 5:00 pm – 6:00 pm

LIVERPOOL CH42 8LA - Miss White (5th Dan)

Mon: 4.30-5.30 - family class

Thurs: 6-7 - family class

Thurs: 7-8 - adults and seniors

Class Key

Mini – Ages 4 – 7

Cad/Jun – Ages 8 – 12

Teens/Adults – Ages 13 +

Family – Mixed ages (train together)

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LOCATIONS